

Preparing for Kindergarten

MOTOR SKILLS

Motor skills are a huge part of our kindergarten day. Play and using manipulatives help promote this growth in students throughout the year. You can help your child get a jump start on their motor development this summer.

BELOW ARE SOME WAYS YOU CAN HELP YOUR CHILD WITH THEIR MOTOR SKILLS

Give your child plenty of opportunities to play outside. Outdoor free play is critical for building gross motor skills, core strength, and balance.

Give your child plenty of art time. Have him/her practice gripping pencils, markers, paint brushes and crayons. Have them use a glue bottle or glue stick.

Play with play dough. Have your child roll it, squish it, stamp it and even cut it!

Have your child practice hopping, jumping, skipping, throwing a ball, and catching a ball.

