

Fueling Wildcats!

Northview Breakfast Menu

Breakfast Price \$1.35- K-12

Only \$6.75 per week
Reduced \$1.50 per week
Free students can receive a
free breakfast *or* get a grab-
N-Go breakfast for snack
time, Free of Charge!



Northview Breakfast

*Includes a Grain (and protein),
Fruit and Milk*

Everyday Menu

*Hot Oatmeal
or
Oatmeal Bars
or
Cold Cereal
or
Cereal Bars
or
Pop Tarts
or
Yogurt W Granola*

Cheesestick available with all breakfast

Student who eat breakfast:
Show improved attendance,
behavior, and academic
performance and,
Have higher test scores in
Spelling, Reading, and Math
compared to student who do
not eat breakfast everyday

Monday Breakfast

**Pancake
or
French Toast
or
Waffles**

**With
Sausage**

Tuesday Menu

**Apple Cinnamon Bosco Stick
Or
Blueberry Cinnamon Stick
Or
Banana Bread
Or
Pancake on a Stick**

**With
Sausage**

Wednesday Menu

Super Cinnamon Roll

Thursday Menu

“Egg”stravagant Egg !

**Scrambled Egg
Or
Egg & Cheese Sandwich
Or
Egg Omelet Wrap**

w Muffin

Friday Menu

**Whole Grain Donut
Or
WG Donut holes**

Fuel for thought....

NOKid Hungry did a study that had an adult encouraged student to eat a good breakfast over a 3-4 week period in 23 schools. The result of the pilot showed 95% of the school increased participation.

With the statistic listed above of the benefits of breakfast, please help fuel our student success by encouraging them to eat a good breakfast everyday!