

**Participant's Name**

**Home Phone**

**Email**

**Emergency Contact Name**

**Cell Phone**

**Adult Enrichment: Fit-4-U** (Northview High School Fitness Center [enter via SE front entry], located at 4451 Hunsburger NE)

**Description:** Each offering is a 7-week program. Cost is \$45/person (register now for 2 or more classes and receive a \$6 discount on each additional class). Offerings are listed below, along with the days and times for each. Full descriptions of classes can be found on our webpage. [www.nvps.net/community/adultenrichment/](http://www.nvps.net/community/adultenrichment/)

<input type="checkbox"/> <b>Body Sculpt/Mondays</b> <b>Dates:</b> Sept. 23–November 4 <b>Time:</b> 5:20 am	<input type="checkbox"/> <b>Body Sculpt/Wednesdays</b> <b>Dates:</b> Sept. 25–November 6 <b>Time:</b> 5:20 am	<input type="checkbox"/> <b>Body Sculpt/Fridays</b> <b>Dates:</b> Sept. 27–November 8 <b>Time:</b> 5:20 am	<input type="checkbox"/> <b>Boot Camp/Mondays</b> <b>Dates:</b> Sept. 23–November 4 <b>Time:</b> 4:00 pm	<input type="checkbox"/> <b>Boot Camp/Tuesdays</b> <b>Dates:</b> Sept. 24–November 5 <b>Time:</b> 4:00 pm
<input type="checkbox"/> <b>Boot Camp/Wednesdays</b> <b>Dates:</b> Sept. 25–November 6 <b>Time:</b> 4:00 pm	<input type="checkbox"/> <b>Boot Camp/Thursdays</b> <b>Dates:</b> Sept. 26–November 14 <b>Time:</b> 4:00 pm	<input type="checkbox"/> <b>Rip and Ride/Thursdays</b> <b>Dates:</b> Oct. 3–November 21 <b>Time:</b> 6:00 pm	<input type="checkbox"/> <b>WaterAerobics/Mondays</b> <b>Dates:</b> Sept. 23–November 4 <b>Time:</b> 5:30 pm	<input type="checkbox"/> <b>WaterAerobics/Wednesdays</b> <b>Dates:</b> Sept. 25–November 6 <b>Time:</b> 6:00 am
<input type="checkbox"/> <b>WaterAerobics/Thursdays</b> <b>Dates:</b> Sept. 26–November 14 <b>Time:</b> 5:30 pm	<input type="checkbox"/> <b>WaterAerobics/Fridays</b> <b>Dates:</b> Sept. 27–November 8 <b>Time:</b> 6:00 am	<input type="checkbox"/> <b>Yoga/Mondays</b> <b>Dates:</b> Sept. 23–November 4 <b>Time:</b> 4:30 pm	<input type="checkbox"/> <b>Yoga/Mondays</b> <b>Dates:</b> Sept. 23–November 4 <b>Time:</b> 6:00 pm	<input type="checkbox"/> <b>Yoga/Thursdays</b> <b>Dates:</b> Sept. 26–November 14 <b>Time:</b> 7:00 pm
<input type="checkbox"/> <b>X-fit/Wednesdays</b> <b>Dates:</b> Sept. 25–November 6 <b>Time:</b> 5:45 pm	<input type="checkbox"/> <b>Zumba/Tuesdays</b> <b>Dates:</b> Sept. 24–November 5 <b>Time:</b> 7:00 pm	Please arrive 10-15 minutes prior to class time to check in. Bring water and dress comfortably.	<b>Please note!! There will be no classes held on Thursday October 31</b>	

Waiver of Liability	How to Register
<p>To the fullest extent permitted by law, I agree to defend, pay on behalf of, indemnify, and hold harmless Northview Public Schools ("NVPS"), its elected and appointed officials, employees and volunteers and others working on behalf of NVPS against any and all claims, demands, suits, or loss, including all costs connected therewith, and for any damages which may be asserted, claimed or recovered against or from NVPS, its elected and appointed officials, employees, volunteers or others working on behalf of the NVPS, by reason of personal injury, including bodily injury or death and/or property damage, including loss of use thereof, which arises out of or is in any way connected or associated with my use of facilities pursuant to the rental agreement.</p> <p>I understand that NVPS is not responsible for personal property lost or stolen while I am using NVPS facilities or on NVPS premises. I grant permission to NVPS to use, without limitation or obligation, photographs and videos that may include my image or voice for the purposes of promoting NVPS Community Education programs, and wave any copyright claim I may have in, and to, such photographs and video.</p> <p>I have read this release of liability and assumption of risk agreement, fully understand its terms, understand that I have given up substantial rights by signing it, and sign it freely and voluntarily without any inducement.</p>	<p><b><u>Complete this form and provide payment (cash or check only) via:</u></b></p> <ul style="list-style-type: none"> <li><b>Mail:</b> Northview Community Education, 4451 Hunsberger, Grand Rapids, MI 49525</li> <li><b>Dropbox:</b> Located at the outside entry of the Northview Fitness Center</li> <li><b>Walk-ins:</b> Welcome on the first night. After the first night, please email the Community Education Office to inquire about registration.</li> </ul> <p><i><b>Please note:</b> Community Education programs are canceled if the facility is closed for any reason. There are no reschedules or refunds for dates missed due to school closures.</i></p>

**Participant Signature (Parent printed name and signature if participant is a minor)**

**Date**